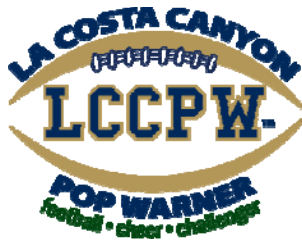


## 2009 Calendar

Event	Date	Time	Location
<b>Football and Cheer Squad Registration</b>	<b>Sat., March 14</b>	9:00 am to 3:00 pm	La Costa Canyon High School
	<b>Sat., March 21</b>	9:00 am to 3:00 pm	Admin Building
	<b>Thurs. March 26</b>	6:00 pm to 9:00 pm	One Maverick Way Carlsbad, CA 92009
Cheer Parent Meeting	TBA		TBD
Cheer Uniform Fitting	TBA		TBD
<b>Evaluations</b>	<b>Sun., April 19</b>	9:00am to 4:00pm	La Costa Canyon High School
<b>Family Night Season Kick-off</b>	<b>Wed. June 3</b>	6:00 pm to 8:30 pm	La Costa Canyon High School Football Stadium
Palomar Conference Scholar Banquet	Sun., June 28		Hall of Champions
Football Equipment Pick-up	Sat., June 20	9:00am to 4:00pm Jr MM, MM, JPW	All Storage 860 Regal Road Encinitas, CA 92024
	Sat., June 27	9:00am to 4:00pm PW, JM, Mid	<i>*note if you are unable to make one of these times a \$25 fee will be charged to pick-up your equipment.</i>
	Sat., July 18	9:00am-Noon: makeup	
<b>Football Practice Begins – No Pads</b>	<b>Mon., August 3</b>		Team practice fields
Cheer Fun Days	Sat./Sun. August 8 & 9	all day	Oceanside High School
Football Practice with Pads Begins	Mon., August 10		Team practice fields
<b>3rd Annual Fun Run LCCPW Fundraiser</b>	<b>Sat., August 15</b>	3:00pm to 8:00pm (see team schedule)	La Costa Canyon High School Football Stadium
<b>Palomar Conference Roster Certification Day</b>	<b>Sat., August 22</b>	See team schedule	TBD
<b>Pre-Season Tackle Games, Flag Season Begins</b>	<b>Sat., August 29</b>	See team schedule	Various game day fields
Regular Tackle Season Begins	Sat., Sept. 5	See team schedule	Various game day fields
<b>Picture Day</b>	<b>Sun., TBD</b>	See team schedule	TBD
Flag Fest (Flag bowl games)	Sat. October 17	see team schedule	Murrieta fields
Cheer Squad Competition	October/Date TBD		Cox Arena, SDSU
Mighty Mites Chocolate Bowl Game	Sat., Nov. 7		TBD
Palomar Conference Football Championship	Sat., Nov. 7		TBD
Football Invitational and Bowl Games	Sat., Nov. 21		Various
WESCON Regional Playoffs -- Football	Fri-Sun, Nov. 27-29		TBD
WESCON Regional Competition – Cheer	Nov/Date TBD		TBD
Pop Warner National Championship	Sat, Dec 6-12		Orlando, FL

**Mandatory/important attendance events in bold**



## La Costa Canyon Pop Warner Registration Checklist

Thank you for registering to participate in the La Costa Canyon Pop Warner (LCCPW) program. LCCPW and Palomar Conference require a number of forms and documents in order to activate your account.

On your registration day, please complete the following forms:

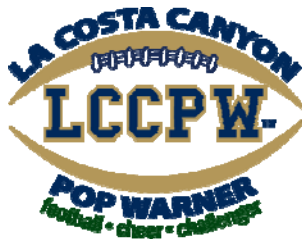
- Palomar Conference Player Contract
- LCCPW Registration Payment Record
- LCCPW Application to Participate
- LCCPW Parent/Guardian Agreement
- LCCPW Zero Tolerance Policy
- LCCPW Problem Resolution Policy
- LCCPW Helmet Warning
- LCCPW Permission to Use Pictures
- LCCPW Season Volunteer and Sponsorship Interest

On your registration day, one of the following documents is required:

- Copy of participant's birth certificate (from the issuing office of the state of birth; hospital certificates are not accepted) or, copy of participant's passport  
and
- wallet size picture of participant

On your equipment pick-up day, the following documents are required:

- Palomar Conference Physical Exam Form
- Two copies of participant's most recent, full school year, report card showing all grades



## La Costa Canyon Pop Warner Overview

Since 1929, the Pop Warner philosophy has been that athletics and scholastics go hand in hand. At every level, Pop Warner programs seek to develop well-rounded young men and women who learn the fundamentals of football, cheerleading, and dance and the importance of education in an atmosphere conducive to developing sound character while having a good time.

La Costa Canyon Pop Warner (LCCPW) is in the Palomar Conference along with fifteen other Pop Warner associations from Menifee to the north, Carmel Valley (Torrey Pines) to the south, and Ramona to the east.

Typically, about fourteen football teams and five cheer squads participate in the LCCPW program in the following Pop Warner divisions:

	Flag	Mighty Mite	Jr. PeeWee	PeeWee	Jr. Midget	Midget
Ages: <i>As of July 31</i>	6-7	7-8-9	8-9-10 *11	9-10-11 *12	10-11-12 *13	11-12-13-14 *15
Weight Range:		45-90 lbs.	60-105 lbs. *60-85 lbs.	75-120 lbs. *75-100 lbs.	85-135 lbs. *85-115 lbs.	105-160 lbs. *105-140 lbs.

*\*Older/lighter age and weight ranges*

Registrants are assigned a priority number at registration. Those that were on a certified roster the previous season have a higher priority than first time registrants. Although LCCPW usually places all registrants on teams, it is possible that team rosters may be filled before placing all registrants. If that occurs, the registrant will be contacted and will have the option of being waitlisted or receiving a full refund.

LCCPW registration fees cover operating expenses which include National Pop Warner and Palomar Conference fees, equipment, practice and game field rental and preparation, insurance, and game officials. Registration fees are:

LCCPW requires a copy of each participant's birth certificate (from the issuing office of the state of birth; hospital certificates are not accepted) or passport. This is to avoid questions/issues regarding participant's age.

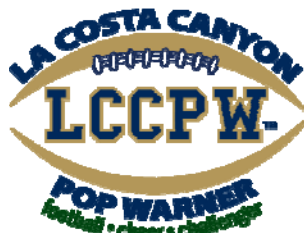
Participants are required to have a physician's clearance to participate. You will be furnished with the proper Physical Exam form at registration. Please have a physician complete and sign this form. The form must be *dated after January 1 of the current year.*

LCCPW requires a copy of each participant's most current report card. This is to satisfy minimum academic requirements.

LCCPW issues equipment at certain times prior to the start of the season. Please check your La Costa Canyon Pop Warner calendar for location, dates, and times.

- *Participants will be issued equipment, and will be allowed to practice, only when all required forms and documents are received by LCCPW*
- *On your equipment pick-up day, the following documents are required:*
  - *Palomar Conference Physical Exam form, and*
  - *Two copies of participant's most recent, full school year, report card showing all grades*

Thank you for registering in the LCCPW program. You can download copies of LCCPW registration forms, agreements, and policies at our web site: [www.LCCPW.net](http://www.LCCPW.net).



**National Pop Warner All-American Scholar Program  
La Costa Canyon Pop Warner Scholar Athlete Program**

Pop Warner is the only national youth sports organization which has set academic requirements for its participants. The Pop Warner Scholar Programs go beyond the required “scholastic fitness” and looks to recognize those participants who are the most academically accomplished. The scholar programs are meant to support and reinforce an appreciation for academics and athletics that participants can carry throughout life.

National All-American Scholar Program

The National All-American Scholar Program recognizes Pop Warner participants from the fifth grade and higher who have achieved a 96% full year grade point average. All grades are converted using standards adapted by the Pop Warner Little Scholars. Participants must submit a full year report card, which is then processed by your association for eligibility. Applications are then reviewed on the conference, regional, and national level to determine Academic All-American Status. More information on this program can be found at popwarner.com. The National Pop Warner All-American Scholar Program has three levels of recognition for scholastic performance:

National All-American Recognition Level	Required Scholastic Performance
First Team All-American	Top 35 football players and top 25 cheerleaders for each grade nationwide. Selection is based on the student's grades for the previous school year, along with their Addendum sheet of activities and achievements.
Second Team All-American	Those scholars who are above an annually increasing combined score (GPA + Addendum).
Honorable Mention All-American	If you meet the program criteria and your application was turned in, then you will be an Honorable Mention Scholar if you miss out on Second Team.

La Costa Canyon Pop Warner Scholar Athlete

La Costa Canyon Pop Warner (LCCPW) is committed to following the academic principles set by Pop Warner Little Scholars. In doing so, LCCPW has implemented the LCCPW Scholar Athlete program. This program follows the standards and grade conversions set by Pop Warner Little Scholars and recognizes participants from Kindergarten and higher grades who achieve a full year grade point average of 90% or better. LCCPW Scholar Athletes are divided into three levels as follows\*:

LCCPW Scholar Athlete Recognition Level	Required Scholastic Performance
Gold LCCPW Scholar Athlete	96% to 100% grade point average
Silver LCCPW Scholar Athlete	93% to 95.99% grade point average
Bronze LCCPW Scholar Athlete	90% to 92.99% grade point average

La Costa Canyon Pop Warner Scholastic Improvement

To reinforce the importance of academics, LCCPW will recognize returning participants who demonstrate a measurable level of improvement in full year grade point average. LCCPW feels recognition in improvement is one of the more important aspects of the scholar program as it is our goal for participants to always be and try their best.

\*Character Counts

LCCPW participants in K-3<sup>rd</sup> grade can also earn citizenship points. Players who qualify with exceptional citizenship marks earn “extra points” which can increase the grade point average.



## La Costa Canyon Pop Warner Football Equipment Program

Equipment Item	LCCPW Provides to Flag Players	LCCPW Provides to Tackle Players	Must be Returned to LCCPW	Player Provides	Notes
Helmet and facemask		✓	✓		LCCPW provides Riddell VSR2 or equivalent helmets. Riddell Revolution helmets are available for purchase through the LCCPW equipment manager
Game jersey	✓	✓			Players keep their game jerseys
Game pants	✓	✓	✓		
Official Authorized Pop Warner Patch	✓	✓	✓		Player is ineligible if patch is not on their game uniform (game pants)
Shoulder pads		✓	✓		
Hip pads		✓	✓		
Tail pad		✓	✓		
Thigh pads		✓	✓		
Knee pads		✓	✓		
Game flags	✓		✓		Flags for games, returned to LCCPW
Practice flags	✓				Flag players keep their practice flags
Practice jersey		✓			Tackle players keep practice jerseys
Practice pants		✓	✓		
Chin strap		✓			
Belt		✓			
Socks		✓			
Mouthguard				✓	Tackle players must have strap on mouthguard. Flag players wear mouthguards without a strap
Girdle				✓	Girdles options are 3-pocket, 5-pocket, 6-pocket; 5 or 6 are recommended
Shoes				✓	Cleats may not exceed 0.5" in length Sneakers (not recommended), molded rubber, detachable rubber, or plastic cleats are permitted; No metal may show on cleats
Athletic supporter or compression shorts				✓	
Under shirt				✓	<b>Optional</b> , Under Armour-style shirt
Elbow pads, arm pads, gloves				✓	<b>Optional</b>
Neck roll, back plate				✓	<b>Optional</b>
Rib protectors				✓	<b>Optional</b>
Protective visor				✓	<b>Optional</b> Must be clear and conform to National High School Federation specifications
Practice t-shirt				✓	Tackle players wear for first 10 hours of practice (conditioning, no pads)
Practice shorts				✓	Tackle players wear for first 10 hours of practice (conditioning, no pads)
Skullcaps				✓	

## **La Costa Canyon Pop Warner Refund, Returned Check, and Declined Credit Card Policies**

### **Refund Policy**

To receive a refund of your La Costa Canyon Pop Warner (LCCPW) registration fee, please mail your refund request to:

Treasurer, La Costa Canyon Pop Warner  
PMB 408  
2240 Encinitas Blvd., Ste. D  
Encinitas, CA 92024

Please include the name of the participant, name of the parent/guardian, and your home phone number that we would have on file so that we can match our records.

Refund requests must be postmarked by July 31. Refunds are subject to a \$50 processing fee. Within 30 days of our receipt of your request, LCCPW will prepare a check for the balance, payable to the parent/guardian name we have on file, and mail it to the mailing address we have on file.

Requests which are postmarked later than July 31 will not be honored.

### **Returned Check and Declined Credit Card Policy**

When a check is returned unpaid by the drawer bank, or a credit card charge is declined, the person issuing the check, or presenting the credit card, shall be notified in writing by LCCPW. Full restitution of the unpaid check, or declined credit card charge, and payment of the service charge assessed by LCCPW (\$20) must be received within ten business days. The acceptable methods of payment are cash, money order, or cashier's check. Failure to honor the returned check, or declined credit card, will result in suspension of LCCPW participation privileges and/or legal action.